



## Ideas to Teach “I Know That My Redeemer Lives”

**Please Note:** Music in Primary should create a **reverent atmosphere**, teach the gospel, and help children **feel the Spirit** of the Lord and the **joy** that comes through singing. (Church Handbook of Instructions, Book 2, 236) As you use only Church approved materials, you will be able to invite the Spirit to testify of what you are teaching and help you maintain reverence in Primary.

### IDEA #1

**“As learners sing hymns and other Church songs, the Spirit can bear witness to them of the truthfulness of the principles being taught. There are some songs whose very words are an expression of testimony, so that in singing them people can bear their testimonies together.”** (Teaching, No Greater Call, p. 173)

### Materials you will need:

Exclamation Point printed on a piece of paper

Words on separate pieces of paper: LIVES, GIVES, DEAD, HEAD, LOVE, ABOVE, FEED, NEED

Read & Ponder: “Joy Cometh in the Morning” (April 2007 Friend, p.2) (Show accompanying painting of Christ)

Gospel Art Pictures: Jesus Praying in Gethsemane (#227)  
The Crucifixion (#230)  
The Resurrected Jesus (#239)  
(Read the summary on the reverse side of the picture and help the children understand the importance of each picture)

Scriptures to read: Doctrine & Covenants 76:22

3 envelopes, each filled with the an attached mystery question and possible answers

### Show the children the exclamation point and ask them:

“Does anyone know what this is?” (exclamation point)

“Have you ever used this mark when you have written a story?”

“What does it mean?” (It shows you feel strongly and are excited about what you are writing, and want the reader to feel your excitement!)

### Tell the children:

“This mark is not found very often in the scriptures, but I’d like to show you one place where it was used by Joseph Smith. He wanted us to know that he felt very, very strongly about something.

Let’s see if you can find this exclamation point I’m referring to. Open your scriptures to the Doctrine & Covenants, page 138. Start looking for the exclamation point in the second column and raise your hand if you can tell me what Joseph Smith felt so strongly about.”

### Take responses and tell them:

“Joseph Smith was working on translating the Bible, restoring some important teachings that had been lost from the Bible over time. Sydney Rigdon was with him. They were reading in the New Testament when something amazing happened.

Let’s look at verse 19, 20 & 21:

“And while we meditated (pondered) upon these things, the Lord touched the eyes of our understanding and they were opened, and the glory of God shone round about.

“And we beheld the glory of the Son, on the right hand of the Father, and received of his fullness:

“And saw the holy angels...”

### Lead into the song with:

“WOW! Can you imagine what it would have been like to be there with Joseph Smith and Sydney Rigdon? Now let’s read verse 22 together:

“And now, after the many testimonies which have been given of him, this is the testimony, last of all (most importantly), which we give of him: **That he lives!**”

That is a strong testimony that we have of our Savior, Jesus Christ and his resurrection. We can find another strong testimony of the resurrected Savior in a very special song. Let’s have (pianist’s name) play the first few lines of this song. Raise your hand if you can tell me what the first words are. (Have pianist play the first three lines of Hymn #136.)

### Take responses and sing the first two sentences:

*“I know that my Redeemer lives.*

*What comfort this sweet sentence gives!”*

### Repeat the words of these two sentences and tell the children:

“To redeem means to ‘rescue or to free’ someone. When Jesus suffered in Gethsemane, he took upon Himself the pain of our sins, if we repent.” (Have a child hold picture #227.)

“When Jesus was crucified, he rescued us from death, because now we all will be resurrected.” (Have a child show picture #230.) “These two gifts can always bring us comfort and makes us feel warm and peaceful inside.”

(Give an example of how you or someone you know has been comforted in the loss a loved one or how repentance makes us feel free and happy inside.)

## Divide the children into three groups:

Ask a few teachers to help. Pass out the envelopes and ask each group to take a few minutes to memorize the part of the song they are assigned and answer the mystery question in the envelope.

### Group #1 memorizes:

*He lives, He lives who once was dead.  
He lives, my ever living head.*

Mystery Question: **What did the writer of this song mean when he said, "...my ever living head?"**

Possible answers:

1. Jesus is the head of the Church. That is why it is called The Church of Jesus Christ of Latter-day Saints.
2. Head can also mean "leader." Jesus is our personal leader.

### Group #2 memorizes:

*He lives to bless me with his love.  
He lives to plead for me above.*

Mystery Question: **How can you know when Jesus is blessing us with His love or pleading for us?"**

Possible answers:

1. Jesus prayed to Heavenly Father (and plead for us) in the Garden of Gethsemane. He continues to plead (or cheer) for us in heaven.
2. When we pray and really talk to our Heavenly Father and Jesus, we will feel our Savior's love.
3. Jesus tells us many times in the scriptures that He loves us. Before He was crucified he said, "Greater love hath no man than this, that a man lay down his life for his friends." (John 15:13)

### Group #3 memorizes:

*He lives my hungry soul to feed.  
He lives, to bless in time of need.*

Mystery Question: **How does Jesus "feed" our soul (or our spirit)?**

Possible answers:

1. Our hearts are filled with the light of Christ as our testimony grows.
2. In the scriptures, Jesus has given us things that our heart needs, like the knowledge that we are His children and that He has a plan of happiness for us.
3. Jesus kept telling Peter, "Feed my sheep." He wanted His apostles to continue teaching the gospel so one day, we can all return and live with our Heavenly Father and Jesus again.

## Gather again and put together the words you have memorized:

In the order of the song, ask each group to recite the words they have memorized. Then sing the words several times before moving on to the next group. Don't forget to briefly discuss the answer to each mystery question.

## Sing the entire song using the rhyming words:

Mix up the word papers and have the children match up the words: LIVES—GIVES, DEAD—HEAD, LOVE—ABOVE, FEED—NEED

You might want to copy the rhyming words on the same color paper or use ribbon to loosely link the wrists of the children to the words that rhyme.

Sing the song a few times with children holding the word sheets in the correct order.

## Have the children listen for the words, "He lives":

Sing the song again and tell the children to count the number of times they hear, "He lives". (6 times)

Tell the children that this hymn is our testimony of Jesus just as D&C 76:22 is Joseph and Sidney Rigdon's testimony of our Savior and Redeemer.

Have one of the children hold the picture: The Resurrected Jesus (#239). Bear your testimony to the children and then invite them to bear their testimonies with you by singing "I Know That My Redeemer Lives."

## IDEAS FOR VERSE 4:

*He lives! All glory to His name.  
He lives, my Savior, still the same.  
Oh, sweet, the joy this sentence gives:  
"I know that my Redeemer lives."  
He lives! All glory to His name.  
He lives, my Savior, still the same.  
Oh, sweet, the joy this sentence gives:  
"I know that my Redeemer lives!"*

You may choose to have a smaller group learn the fourth verse of this hymn. Discuss the following:

### 1. This verse has six exclamation points.

There is no other verse in the entire hymnbook like this.

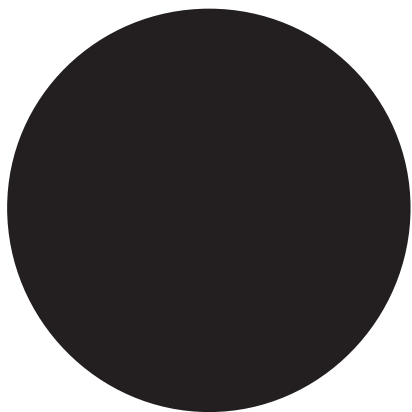
### Why are those marks there so many times?

(It tells us that we feel strongly about and really mean what we are singing!)

### 2. This verse has four lines that are repeating two times, which makes it easier to learn. What are those lines?

*He lives! All glory to His name.  
He lives, my Savior, still the same.  
Oh, sweet, the joy this sentence gives:  
"I know that my Redeemer lives."*

**3. In this verse the words, "I know that my Redeemer lives" is in quotations. Why?** (Quotation marks indicate that someone is actually speaking. These words become our personal testimony as we sing this song. We are actually being quoted!)



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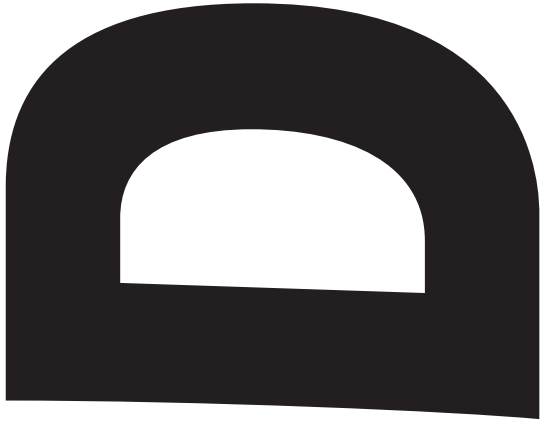
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## Group #1

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Mystery Question:

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Possible answers:

1. Jesus is the head of the church. That is why it is called The Church of Jesus Christ of Latter-day Saints.
  2. Head can also mean "leader." Jesus is our personal leader.
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Memorize: He lives to bless me with his love.  
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Mystery Question:

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Possible answers:

1. Jesus prayed to Heavenly Father (and plead for us) in the Garden of Gethsemane. He continues to plead (or cheer) for us in heaven.
2. When we pray and really talk to our Heavenly Father and Jesus, we will feel our Savior's love.
3. Jesus tells us many times in the scriptures that He loves us. Before He was crucified He said, "Greater love hath no man than this, that a man lay down his life for his friends." (John 15:13)

## **Group #3**

Memorize: He lives my hungry soul to feed.  
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Possible answers:

1. Our hearts are filled with the light of Christ as our testimony grows.
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