

1. Watch chapter 11 from The Complete Learning System The Messiah Comes! DVD.

2. Sing: Children's Songbook ##167, "Go the Second Mile"

3. Read: Matthew 5:41

"And whosoever shall compel thee to go a mile, go with him twain."

4. In Jesus' day Roman soldiers could force a Jewish male to carry their heavy backpacks for one mile. The path was hot and dusty and many of the Jews resented it, until Jesus taught them to "go with him twain."

What did Jesus mean when he said "go with him twain"? (The word twain means two. Jesus said to carry the soldiers pack for two miles.)

5. Why did Jesus teach them to go the second mile? (Discuss ideas.)

6. Did the Roman soldier or the Jew gain more from carrying the soldiers pack two miles instead of one and why? (Discuss ideas.)

7. Does the Lord expect us to go the second mile? (Discuss ideas.)

"The Lord expects us to be Latter-day Saints. That isn't just an appendage phrase on the end of the name of the Church. It signifies something of tremendous importance. ... He expects us as those who have taken upon ourselves the name of Jesus Christ to walk in His way, to do unto others as we would have them do unto us, to go the second mile." Gordon B. Hinckley, Woods Cross, Utah, regional conference, Jan. 1998 © Intellectual Reserve, Inc. All rights reserved. 8. What are some of the things that we can do to go the second mile? (Discuss ideas. Example: Church duties, family duties, jobs, missionary work and fellow shipping, community service, helping family members, school work and homework, etc.)

9. All of us have work that we have to do. How can we make our work less tedious? (Discuss ideas.)

10. What are some of the blessings we can gain by going the second mile? (Discuss ideas.)

11. "Most of the blessings of the Lord seem to come in the second mile. The first mile is doing what is expected of us. As we move beyond the first mile in faith and determination, we may draw down the powers of heaven..." Douglas W. DeHaan, Ensign, Nov 1980 © Intellectual Reserve, Inc. All rights reserved.

12. Quote: "The great men and women in history have been those willing to go the second mile." Beverly Chiodo, Vital Speeches of the Day, 1 Nov. 1987.

13. Share testimony of following the Savior by going the second mile.