

1. **Watch** chapter 1 (7:00–8:18) from *The Modern Prophets Gordon B. Hinckley: A Giant Among Men* DVD.

2. **Read:** Mosiah 13:15

“Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain.”

3. **What does “in vain” mean?** (In an improper or irreverent manner.)

Heavenly Father and Jesus are known by many different names and none of them should be used in vain. (Discuss the other names.)

4. President Hinckley said “There is an evil and growing habit of the use of filthy language. The taking of the Lord’s name in vain is a most serious matter.” *Gordon B. Hinckley, Friend, Nov 2004 © Intellectual Reserve, Inc. All rights reserved.* President Hinckley’s mother taught him this lesson at an early age and he never forgot it.

How does it make you feel when you hear someone use the Lord’s name in vain? (Discuss ideas. Emphasize that no matter how many times we hear the Lord’s name used in vain we should work to not become desensitized to it.)

5. **When is it appropriate to use Heavenly Father and Jesus’ names?** (Discuss ideas.)

When we speak of Heavenly Father or Jesus we should speak reverently and respectfully. This shows them that we love and worship them.

6. **What does profane mean?** (Discuss ideas.)

“Profanity is disrespect or contempt for sacred things. It includes casual or irreverent use of the name of any member of the Godhead. It also includes any type of unclean or vulgar speech or behavior.” *Gospel Topics © Intellectual Reserve, Inc. All rights reserved.*

7. **Read:** Matthew 15:11, 17-18

“Not that which goeth into the mouth defileth a man; but that which cometh out of the mouth, this defileth a man. ... Do not ye yet understand, that whatsoever entereth in at the mouth goeth into the belly, and is cast out into the draught? But those things which proceed out of the mouth come forth from the heart; and they defile the man.”

8. **Why is it important not to use profane and vulgar language?** (Discuss ideas.)

“Foul language harms your spirit and degrades you. Do not let others influence you to use foul language. Instead, use clean language that uplifts and edifies others. ... Always set an example that will encourage those around you to use clean language.” *For the Strength of Youth: Fulfilling Our Duty to God © Intellectual Reserve, Inc. All rights reserved.*

9. **What should you do if someone uses profanity around you?** (Discuss ideas. Emphasize that you should kindly ask them to stop, but if they continue, politely walk away.)

“In the hospital one day I was wheeled out of the operating room by an attendant who stumbled, and there issued from his angry lips vicious cursing with a combination of the names of the Savior. Even half-conscious, I recoiled and implored: ‘Please! Please! That is my Lord whose names you revile.’ There was a deathly silence, then a subdued voice whispered, ‘I am sorry.’” *Spencer W. Kimball, Ensign, Feb 1981 © Intellectual Reserve, Inc. All rights reserved.*

10. **What can you do when bad thoughts come to your mind or you are tempted to swear?**

(Discuss ideas such as: Ask yourself, “What would Jesus do?,” think of a favorite scripture, sing or hum a Primary song or hymn, pray for help, etc.)